

# hygiene kits



Thank you for helping serve the children and families at Middle Ground Haiti. These hygiene kits are given to each child and caregiver on admission into the inpatient malnutrition program. You will find an itemized list of materials, as well as assembly and shipment instructions. Should you have any questions or concerns along the way, please contact us at [info@middlegroundhaiti.org](mailto:info@middlegroundhaiti.org).

## Children's Hygiene Kits

Item	Description	Size/Type	Quantity
Ziplock bag		1 gallon	1
Wash cloth			1
Children's bar soap	Plastic sealed or boxed	Regular	1
Children's toothbrush		Regular	1
Children's toothpaste	Please secure lid with tape	6oz/Regular	1
Children's Shampoo	Please secure lid with tape	Up to 3oz.	1
Comb			2
Nail brush			1

### Instructions:

- Use packing tape to secure the lid of all liquid items
- Place all items inside the ziplock bag and secure
- Pack all completed kits in a box and ship to the address provided

## Adult Hygiene Kits

Item	Description	Size/Type	Quantity
Ziplock bag		1 gallon	1
Wash cloth			1
Adult bar soap	Plastic sealed or boxed	Regular	1
Adult toothbrush			1
Adult toothpaste	Please secure lid with tape	6oz/Regular	1
Shampoo	Please secure lid with tape	Up to 3oz.	1
Conditioner	Please secure lid with tape	Up to 3oz.	1
Comb			2
Nail brush			1
Deodorant stick	No powders or aerosols		1
Feminine hygiene pads	One small pack	Regular	1
Small hand-held mirror			1

### Other Notes:

- All items must be new
- Please do not include money
- Please do not include personal notes inside the sealed kits

### Shipment Address:

Middle Ground Haiti  
5365 270th Avenue  
Granite Falls, MN  
56241-1432

## Want to add something extra?

If you would like to add a little extra something for our parents or caregivers consider sending non-perishable food items (such as granola bars, dried fruits etc.) and drink mixes (such as flavored tea bags, powdered fruit drink mixes etc). Please ensure food and drink items are packaged in a separate ziplock bag.